



**SAVE THE DATE:**

**Maryland's Best and "Get Fresh" Celebration  
Silver Spring FRESHFARM MARKET  
Saturday, July 28, 2012  
10:00am to 1:00pm**

**Ellsworth Drive between Fenton Street and Georgia Avenue  
Silver Spring, Maryland**

**Cooking demonstrations, music and more**

---

**SAVE THE DATE:**

**"Get Fresh" Festival and World Breastfeeding Celebration  
DC Open-Air Farmers' Market  
RFK Stadium Lot 6  
Saturday, August 11, 2012  
10:00am to 1:00pm**

**Benning Road & Oklahoma Ave., NE**

**Cooking demonstrations, music and more**



FARMERS' MARKET NUTRITION PROGRAM

**WIC AND CSFP SENIOR  
FARMERS' MARKET  
NUTRITION PROGRAMS  
(FMNP)**

# **Buyer's Guide**

**WIC  
VEGETABLES  
AND FRUIT  
CASH-VALUE CHECKS  
(CVC)**



# **SEASON 2012**



FARMERS' MARKET NUTRITION PROGRAM

**WIC AND CSFP SENIOR  
FARMERS' MARKET  
NUTRITION PROGRAMS  
(FMNP)**

# **Buyer's Guide**

**WIC  
VEGETABLES  
AND FRUIT  
CASH-VALUE CHECKS  
(CVC)**



# **SEASON 2012**