



East of the River Lactation Support Center

“Improving African-American Breastfeeding Rates through Prenatal Education”

Volunteers are wanted for a research study to determine if participating in a four week class on breastfeeding has an effect on breastfeeding attitudes and behaviors.

Participants will take part in a four week class while pregnant, then followed after the baby is born for 6 months. The study will include classes on “Getting Started,” “Continuing to Breastfeed after Life Returns,” and more.



To be eligible, participants *must* be:

- African-American
- Pregnant woman in any trimester
- Age 18 or older
- Medically able to breastfeed

Classes and support services will be provided free of charge.
Compensation will be provided for your time.

This research is being funded by a WIC/USDA grant and is being conducted under the direction of Sahira Long, MD, of the Goldberg Center for Community Pediatrics at Children’s National Medical Center.

For more information, call: 202-476-6941

This institution is an equal opportunity provider.

