

Join FBHC as we Celebrate

# **WORLD BREASTFEEDING WEEK**

**AUGUST 1st - AUGUST 8th**

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## **Thursday, August 4th - Mommy and Me Spa Day**

Mom and Baby Yoga and Mommy Massages!!!

11am-1pm

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## **Friday, August 5th - Kiddie Cabaret**

Family Dance Party - Free Food, Music, and  
Dancing 4pm-9pm

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## **Saturday, August 6th - Subs and Spades**

Bring a Partner and Register from 1:30pm-2pm

Tournament begins at 2pm

**PRIZES for the BEST TEAMS!**